



NutriSearch Comparative Guide to Nutritional Supplements (Professional Version)

By Lyle MacWilliam

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The NutriSearch Comparative Guide to Nutritional Supplements, 4th (Professional) edition is a roadmap to understanding the remarkable protective powers of vitamins, minerals, and antioxidants. Packed with the latest findings on inflammation, oxidative stress, and degenerative disease, this guide is the definitive resource for anyone serious about optimal nutrition and anti-aging defence. Inside, over 1,500 US and Canadian supplements are scientifically rated and compared, the 18 critical Health Support Criteria required to evaluate the supplements are fully explained, and 300 colour graphs with which to easily compare above-average products are displayed. Discover recent scientific evidence showing that supplements can optimize health and retard the aging process. Determine which supplement is best for you and your family, using a scientifically-based approach. Now in its 4th edition and representing thousands of hours of research, the (Professional) NutriSearch Comparative Guide to Nutritional Supplements is an excellent source for consumers and health care practitioners searching for a quality nutritional supplement.

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Editorial Review

About the Author

Author, educator and biochemist, Lyle MacWilliam serves as a scientific consultant and public advocate for the natural healthcare industry. His early scientific training led him to the investigation of oxidative stress and the biological properties of antioxidants. His research focused on radiation-induced free radical damage and dietary supplementation with Vitamin E. An accomplished martial artist, Mr. MacWilliam is passionate about personal fitness and health. As an author, Mr. MacWilliam's popular NutriSearch Comparative Guide to Nutritional Supplements and Comparative Guide to Children's Nutritionals provide consumers with reliable tools with which to sort through the maze of nutritional supplements on the market today. Internationally, he is a sought-after speaker on the importance of optimal nutrition and lifestyle. Mr. MacWilliam's research hits hard at today's lifestyle and dietary patterns and their role in the development of degenerative disease. He is a contributory writer for Life Extension Foundation, a non-profit agency dedicated to the scientific exploration of preventive health and longevity. He has also served as a consultant with Health Canada, Environment Canada, Human Resources Development Canada, and the British Columbia Science Council; he is currently engaged as a scientific consultant for several nutritional manufacturers in the United States and Canada. Mr. MacWilliam is also a member of the Society of Industry Leaders, an international organization dedicated to bringing together authorities from all fields in a global network connecting industry veterans and academia professionals with institutional investors. A former Canadian legislator, Mr. MacWilliam served at the behest of Canada's Minister of Health to help develop the framework which led to the current Natural Health Product Directorate and regulations, which allows consumers far more choice in their health care products.

Users Review

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