



So You Got Into Medical School... Now What?: A Guide to Preparing for the Next Four Years

By Daniel R Paull MD

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Many incoming medical students fear that they will have to spend every waking hour studying or worrying about studying. Indeed, medical school is demanding: from the sheer amount of information and rapid pace of lectures to the painfully long days spent on the wards. Fortunately, life in medical school doesn't have to be so harsh if one approaches it with a well-thought-out game plan. Written based on firsthand knowledge, this book guides incoming medical students through the perils of medical school while providing a framework for success.

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Editorial Review

From the Inside Flap

"If only I had been given a copy of Dr. Paull's book before I entered medical school, it would have saved me so much heartache and *time*--from taking MCATs through selecting a residency and even achieving board certification. Not having this book, I felt like others kept a secret they didn't want me to know. Well, thanks to Dan Paull, the secret is out."

--Jerrold S. Polansky, MD

"This book, written in a readable and conversational style, speaks to my own experience in medical school. Medical students will find themselves nodding along with the true (and often very funny) stories and glean many helpful tips to make the most of an expensive and arduous four-year journey. There is no other book on the market like it."

--Max Falkoff, MD

"This easy-to-read book is well done, with good concepts and practical information. The section on efficiency and sleep is particularly good--a subject I'm always trying to drive home with my students (and patients). I'll have to make it required reading."

--Andrew Lehmann, MD

From the Back Cover

"For many years accepted students have asked, 'What do I do to get ready for medical school?' Now there is an answer, and it is this delightful, accurate, and funny book. I thoroughly enjoyed reading it and will be recommending it to those just accepted and those currently in medical school."

--Kathleen Franco, MD, Professor of Medicine and Psychiatry, Associate Dean of Admissions and Student Affairs, Cleveland Clinic Lerner College of Medicine

"Dr. Paull does a great job explaining the often hidden but wonderful mysteries of becoming a doctor. His accounts and advice are both highly entertaining and useful. *So You Got into Medical School . . . Now What?* is a great read for anyone thinking about or in the midst of such a journey."

--Davey Smith, MD, MAS, Professor of Medicine and Associate Infectious Diseases Fellowship Director, Core Faculty Internal Medicine Residency Program, University of California, San Diego

About the Author

Daniel R. Paull, MD, received his bachelor of science degree in physics from New York University and his medical degree from the University of Miami Miller School of Medicine. He is currently in his orthopedic residency.

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