



Straight A at Stanford and on to Harvard: How to Learn Faster and Think Better

By Peter Rogers MD

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TRAIN YOUR BRAIN TO GAIN. The best, proven methods to raise IQ and optimize academic performance. This book will make you smarter, able to learn faster and think better. It reveals the methods used to get straight A's at Stanford and 99% on medical school exams. Advanced methods of thinking are explained. Learning methods such as SIRS, flashcards, word play, word associations, mnemonics, walk and talk, shadowing, neurogenesis, angiogenesis, mitochondrial biogenesis, brain glycogen, verbal skills, thinking strategies, condensed notes, how to read a book, speed reading and much more are discussed.

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Editorial Review

From the Author

The perfect gift for the student in your life.

Any student can rapidly improve if they are motivated. They just need to improve the individual skills that go into being an "A" student. Awareness is the first step to improving. Then finding someone who has already succeeded. Then adapting those methods and modifying them to suit one's needs.

The author has used the methods in the book and taught them to high school, college and graduate students.

Now is your chance to add them to your skills.

About the Author

Peter Rogers MD started out as one of the worst students at Stanford and went on to become one of the best, winning the Student Athlete of the Year Award with straight A's in pre med classes. He went on to U. Illinois medical school with 99% boards score and then Northwestern with another 99% boards score and then on to Harvard. He has studied, taught and experimented with learning and thinking methods for 30 years and puts all this information into this book for you. The key concept is to train a student and or thinker as one trains an athlete, to develop the skills of learning and thinking.

Users Review

From reader reviews:

Kathy Hunnicutt:

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