



The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred

By Phil Cousineau

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The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred By Phil Cousineau

First published in 1998 and updated with a new preface by the author, *The Art of Pilgrimage* is a sacred travel guide in book form that is full of inspiration for the spiritual traveler.

Award-winning writer and filmmaker and host of the acclaimed Global Spirits series seen on PBS and Link TV, Phil Cousineau weaves stories, myths, parables, and quotes from famous travelers with practical suggestions and accounts of modern-day pilgrims to show that there is something sacred waiting to be discovered in virtually every journey. Connecting these voices is a series of meditations that suggest different ways to practice what pilgrims and poets have done for centuries, to see with the “eyes of the heart.” With more than 70 illustrations, this book is for the traveler who longs for something more than diversion and escape.

The Art of Pilgrimage shows that every journey can be sacred, soulful, and transformative if it is undertaken with a desire for spiritual risk and renewal. Whether traveling to Mecca or Memphis, Stonehenge or Cooperstown, one’s journey becomes meaningful when the traveler’s heart and imagination are open to experiencing the sacred.

Reviews of *The Art of the Pilgrimage*:

“If Joseph Campbell, the Dalai Lama, and Bill Moyers were to have collaborated on a book about journeys. . . I suspect it would look very much like *The Art of Pilgrimage*.” —**Austin American Statesman**

“Pilgrim, read this book. Whatever your longing, path, or destination, Phil Cousineau gives you the most valuable gear you could pack in your satchel – how to travel outward to the edges of the world while simultaneously journey to the depths of your soul.” —**Anthony Lawlor**, Foundation for Consciousness in Architecture

“Sorely needed in this dispirited and disenchanting world.” —**Bill Moyers**

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Users Review

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Stephen Stover:

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Melissa Ray:

Within this era which is the greater man or who has ability in doing something more are more special than other. Do you want to become one among it? It is just simple solution to have that. What you should do is just spending your time not very much but quite enough to possess a look at some books. One of the books in the top listing in your reading list will be The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred. This book which is qualified as The Hungry Mountains can get you closer in turning out to be precious person. By looking up and review this book you can get many advantages.

Jeremy Windham:

That publication can make you to feel relax. This particular book The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred was colorful and of course has pictures on there. As we know that book The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred has many kinds or category. Start from kids until teenagers. For example Naruto or Investigation company Conan you can read and feel that you are the character on there. So , not at all of book are usually make you bored, any it offers you feel happy, fun and unwind. Try to choose the best book for you personally and try to like reading in which.

Martha Royal:

What is your hobby? Have you heard which question when you got pupils? We believe that that problem was given by teacher with their students. Many kinds of hobby, Everybody has different hobby. Therefore you know that little person similar to reading or as studying become their hobby. You need to understand that reading is very important along with book as to be the factor. Book is important thing to include you

knowledge, except your personal teacher or lecturer. You discover good news or update concerning something by book. Many kinds of books that can you choose to use be your object. One of them is The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred.

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