



The God-Awakening Diet

By Aqiyl Aniyis

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People are attacking their connection to God/The Source/Nature™ and most people don't realize it because they are being manipulated in a very diabolical way. I use the term God/The Source/Nature to refer to the intelligent order that permeates every animate and inanimate thing, in an attempt to encompass all views that recognize this order in life in one way or another.

People have been directed away from truly being in tune with God, The Source, or nature, depending on how you view this intelligent order, because people have been turned away from protecting and living in harmony with the earth. The earth's ecosystem and everything in it have developed out of this intelligent order and is a representation of it.

People are manipulated by big business which develops industry that undermines this intelligent order, and the life-sustaining patterns of energy within the earth's ecosystem and their own bodies. This manipulation removes people from their connection to God/The Source/Nature and they unwittingly become pillagers of the earth, instead of protectors of the earth that was established by God/The Source/Nature.

The attack on the connection to God/The Source/Nature is two-pronged and involves attacking the intelligent order within the body, and attacking the intelligent order that protects the health of the earth's ecosystem. The attack is diabolical because it is orchestrated through the body, which is the temple of the intelligent order. People are manipulated through marketing and advertising which creates an insatiable dependency on meat-centered diets that support the proliferation of chronic disease like cancer and that corrupt the temple and connection to God/The Source/Nature.

As the body is being attacked by disease which causes physical, mental, and emotional illness and disconnectedness, people's actions are more easily influenced by impatience, anger, and a general selfishness which undermines the ability to carry oneself in a holistic god-like manner. Instead of carrying oneself in a god-like manner, many then seek the grace of God/The Source/Nature to raise them to the position they should be in, when that is ultimately their responsibility.

These processes result in the depletion of fresh water and droughts, erosion of land, deforestation, depletion of fossil fuel, killing of 9-10 billion animals a year in the U.S. alone to supply the need of meat-centered diets, increase in greenhouse gases in the atmosphere, and destructive climate change that will limit the ecosystem's ability to support life on earth.

The situation is so dire that the United Nations prepared a report citing the current rate of meat production as unsustainable and recommends the adoption of a whole food plant based diet, or close to it, will be necessary to reverse disease in the body and ecosystem and to save our planet. My hope is to encourage people to return to a diet and way of life that supports the synergy created by God/The Source/Nature™ so that we can save ourselves and all existing life on this planet.

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Editorial Review

About the Author

Aqiyl Aniyis is a health activist who obtained a Certificate in Plant Based Nutrition from Cornell University, a BA in Organizational Behavior and Communications from NYU, worked as an elementary school teacher, and studied social work at NYU. Aqiyl Aniyis's life and health was drastically changed with his adoption of a plant-based diet. He was changed from a slowly decaying forty-something year old, to a nearing fifty year old with the body, vitality, and mental clarity of a twenty year old. This offered new-found focus and dedication to the spreading of the benefits of a plant-based diet, not only for our mental, emotional, and physical health, but also for the health of earth. The earth's ecosystem is being compromised by the industries that harm the natural patterns established in it, and meat-centered diets are a major catalyst.

Aqiyl Aniyis is a web designer/developer who enjoys boxing, kick boxing, cycling, power walking, and basically anything challenging. Aqiyl's plant-based diet makes all that he does possible and more easily attainable. Eating a plant-based diet and exercising is a great way to achieve physical, mental, and emotional health. Visit naturallifeenergy.com for more information about a plant-based diet.

Users Review

From reader reviews:

Thomas Schulz:

Have you spare time for just a day? What do you do when you have a lot more or little spare time? Yeah, you can choose the suitable activity regarding spend your time. Any person spent their own spare time to take a stroll, shopping, or went to the Mall. How about open or maybe read a book called The God-Awakening Diet? Maybe it is to be best activity for you. You recognize beside you can spend your time with the favorite's book, you can wiser than before. Do you agree with the opinion or you have additional opinion?

Jeremy Jones:

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Jerry Orosco:

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book. It is really fun for you personally. If you enjoy the book which you read you can spent all day every day to reading a e-book. The book The God-Awakening Diet it is very good to read. There are a lot of those who recommended this book. They were enjoying reading this book. Should you did not have enough space to create this book you can buy the e-book. You can m0ore quickly to read this book from a smart phone. The price is not too expensive but this book offers high quality.

Pamela Wilson:

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