



Bergin and Garfield's Handbook of Psychotherapy and Behavior Change

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- Research in naturalistic settings that capitalizes on the curiosity of providers of

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- Practice-relevant findings, as well as methodological issues that will help direct future research

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Editorial Review

Review

"Few fields in psychology can boast of a definitive volume which, with each new addition, successfully integrates comprehensively described research from its point of origin. For the sixth time, Michael Lambert and the contributors have succeeded to present an up to the minute synthesis, a triumph of economic yet in-depth analysis. Not only is this a unique resource, it is the only book that all practitioners and researchers must read to ensure that they are in touch with the extraordinary advances that the field has made over the last years. Many of us have all five previous editions; the current volume is an essential addition to this growing, wonderful series."

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"This is clearly not a book you will open and skim through, but you definitely would want to own. Like the other 5 classic volumes before it, you will consult it time and time again. In the more than 1300 pages of this 6th edition of the Handbook, you will find a compilation of reviews that bring you up to date on virtually all the therapy research that has been carried in the past decade. As either researcher or clinician living in the contemporary world of accountability, this invaluable edition of the Handbook is a must for one's professional library."

—**Marvin R. Goldfried**, PhD, Distinguished Professor of Psychology, Stony Brook University

About the Author

MICHAEL J. LAMBERT, PhD, holds an Endowed Chair in Psychology at Brigham Young University where he teaches several clinical psychology courses while maintaining a private practice. His research, conducted over more than thirty years, emphasizes psychotherapy outcome, process, and the measurement of change. He is the coauthor of the *Outcome Questionnaire*, a measure of treatment effects.

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