



False Intimacy: Understanding the Struggle of Sexual Addiction (LifeChange)

By Harry Schaumburg

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With frank honesty, *False Intimacy* offers realistic direction to those whose lives or ministries have been impacted by sexual addiction while examining the roots behind these behaviors. This compelling book examines different aspects of sexual addiction, including shame, purity, and forgiveness, while exploring one's true identity and God-given sexuality.

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Editorial Review

From the Back Cover

WHY ARE SEXUAL TEMPTATIONS SO HARD TO RESIST WHEN THE PRICE IS SO HIGH? We all long for true intimacy. Many people seek to fill that void by seeking sexual relationships—whether real or fantasized—that promise to provide the relief, acceptance, and fulfillment for which they long. But it is false intimacy. And as Dr. Harry Schaumburg points out, “Sexual intimacy can’t relieve their deep, unmet longings.” False Intimacy goes beyond behavioral symptoms and willpower-based solutions to provide biblical guideposts for the journey to restoration. With frank honesty, False Intimacy examines the roots behind these kinds of behaviors and offers realistic direction to those whose lives or ministries have been impacted by sexual addiction.

About the Author

Harry W. Schaumburg, MA, MS, DMin, LMFT is the founder and Executive Director of Stone Gate Resources, Inc., a ministry specializing in helping people caught in the bondage of sexual sin through Brief Intensive Counseling. It is this pioneering program that has drawn nearly 2500 laity and clergy from the U.S. and seventeen foreign countries. The program operates at its own facility, Stone Gate, a private counseling retreat center located in Colorado. For over twenty-nine years, Dr. Schaumburg has been involved in programs designed to point people away from sexual sin to restored intimacy with God and others. He is the author of False Intimacy: Understanding the Struggle of Sexual Addiction published in 1991, the first biblical book on the subject. He also frequently travels doing seminars on the subject of restoring sexual purity. He has been married to Rosemary for thirty-nine years and has two adult sons, Aaron and Nathan.

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Flora Young:

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Eric Sanders:

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