



# How to Teach So Students Remember

By Dr Marilee Sprenger

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## How to Teach So Students Remember By Dr Marilee Sprenger

When you teach a lesson, do your students remember the information the next day? The next week? Will they retain that information long enough to use it on a high-stakes test and, most importantly, will they retain it well enough to make use of it in their lives beyond school?

*How to Teach So Students Remember* offers seven steps to increase your students' capacity to receive information in immediate memory, act on it in working memory, store it in long-term memory, and retrieve and manipulate it in unanticipated situations--that is, to use what they've learned when they need it.

Step by step, you will discover

- \* how to reach your students and get them to attend to incoming information;
- \* how to encourage reflection to better enable students to make connections to prior knowledge;
- \* how to help students recode new concepts in their own words to clarify their understanding;
- \* how to use feedback to provide a framework for learning and show the brain what's important to remember;
- \* how to incorporate multiple rehearsal strategies that provide multiple avenues to stored material;
- \* how to structure review processes so students retain information beyond the test; and
- \* how to align instruction, review, and assessment to help students more easily retrieve information.

We all know that some children come to school with their ability to remember information already firmly established; others are not so fortunate. By consciously teaching for memory, we can remediate some of these differences and help students gain confidence in their abilities. By doing so, we will better equip *all* students to be successful learners, reliable family members, and informed members of society.

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## **Editorial Review**

### **About the Author**

Marilee Sprenger is an adjunct professor at Aurora University, where she teaches graduate courses on brain-based teaching, learning and memory, and differentiation. She speaks internationally, and is affiliated with the American Academy of Neurology. She is the author of several books, and her dedication to education has won her many awards. Marilee currently resides in Peoria, Illinois.

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