



I Forgot to Remember: A Memoir of Amnesia (Simon & Schuster Nonfiction Original Hardcover)

By Su Meck, Daniel de Visé

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I Forgot to Remember: A Memoir of Amnesia (Simon & Schuster Nonfiction Original Hardcover) By Su Meck, Daniel de Visé

The courageous memoir of a woman who was robbed of all her memories by a traumatic brain injury—and her more than twenty-five-year struggle to reclaim her life: “[A tale] of triumph in the search for identity” (*The New York Times Book Review*).

In 1988, Su Meck was twenty-two and married with two children when a ceiling fan fell and struck her on the head, erasing all her memories of her life. Although her body healed rapidly, her memories never returned. After just three weeks in the hospital, her physicians released Su and she returned home to take care of her two toddlers. What would you do if you lost your past?

Adrift in a world about which she understood almost nothing, Su became an adept mimic, gradually creating routines and rituals that sheltered her and her family from the near-daily threat of disaster—or so she thought. Though Su would eventually relearn to tie her shoes, cook a meal, read, and write, nearly twenty years would pass before a series of personally devastating events shattered the “normal” life she had worked so hard to build, and she realized that she would have to grow up all over again.

In her own indelible voice, Su offers a unique view from the inside of a terrible injury as she “recounts her grueling climb back to normalcy...in this heart-wrenching true story” (*O, The Oprah Magazine*). Piercing, heartbreaking, but finally uplifting, *I Forgot to Remember* is the story of a woman determined to live life on her own terms.

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