



# I Promise: How Five Commitments Determine the Destiny of Your Marriage

By Gary Smalley

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## I Promise: How Five Commitments Determine the Destiny of Your Marriage By Gary Smalley

Make your marriage the safest place on earth.

Of all the best-selling books and award-winning videos Dr. Gary Smalley has produced for couples, *I Promise* is his most important and most revolutionary work ever. A decade of focused research has brought him to this startling new conclusion: Great marriages are built on a foundation of trust, not behavioral skills.

So not only is a harmonious, long-lasting relationship within every couple's grasp, but emotional security is the cornerstone for the relationship you've always wanted. That means you don't have to be a relationship guru to connect deeply with your spouse after all! You simply need to feel secure in your marriage – and to help your spouse do the same. Then the best relationship possible will happen naturally.

Creating security is easier than you think. It takes only five simple promises to each other. Promises you can most certainly make – promises this book will equip you to keep.

Writing in his trademark style, Dr. Smalley delivers a lifetime of information, true experiences, encouragement, and wisdom for anyone who wants their marriage to be not just safe, but the safest place on earth.

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### Editorial Review

#### Review

"The author's impeccable grasp of what makes a marriage work is better than ever in his latest relationship guide. Nathan Larkin sounds unusually calm and centered as he spells out Smalley's advice: Ironclad commitment to each other—no matter what happens—is an absolute necessity to promote mutual trust and authentic growth. The little things are also important: how we manage our appearance, habits, and career; how we listen; and how we show appreciation. Smalley's lists of commitments and recommendations are illustrated with cogent stories from his own marriage and those of his clients. They show that security is best achieved when we serve our spouses daily and anchor ourselves to God's love and authority."

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#### About the Author

Gary Smalley is one of the country's best-known authors and speakers on family relationships. He is the award-winning, best-selling author or coauthor of sixteen books, as well as several popular films and videos. *The Blessing* and *The Two Sides of Love* have won Gold Medallions, *The Language of Love* won the Angel Award as the best contribution to family life, and his other titles have received Silver Medallions. His national infomercial *Hidden Keys to Loving Relationships* has been viewed by television audiences all over the world. Gary and his wife, Norma, have been married for over thirty years and live in Branson, Missouri.

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The authors impeccable grasp of what makes a marriage work is better than ever in his latest relationship guide. Nathan Larkin sounds unusually calm and centered as he spells out Smalleys advice: Ironclad commitment to each other--no matter what happens--is an absolute necessity to promote mutual trust and authentic growth. The little things are also important: how we manage our appearance, habits, and career; how we listen; and how we show appreciation. Smalleys lists of commitments and recommendations are illustrated with cogent stories from his own marriage and those of his clients. They show that security is best achieved when we serve our spouses daily and anchor ourselves to Gods love and authority. T.W. © AudioFile 2007, Portland, Maine-- *Copyright © AudioFile, Portland, Maine*

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**Mamie Perkins:**

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