

Positive Psychology: The Science of Happiness and Flourishing (PSY 255 Health Psychology)

By William C. Compton, Edward Hoffman

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Editorial Review

About the Author

William Compton earned his Ph.D. in Clinical Psychology at Vanderbilt University. Currently a Professor of Psychology at Middle Tennessee State University, he has taught a wide variety of classes including Introductory Psychology, Psychology of Adjustment, Abnormal Psychology, Theories of Counseling, Psychology of Happiness, and Introduction to Clinical Psychology. His research interests include health psychology, personality, and social psychology.

Edward Hoffman is a leading scholar in humanistic psychology, and has been writing and lecturing on topics related to emotional well-being, higher motivation, and spirituality for more than 30 years. He is an Adjunct Associate Psychology Professor at Yeshiva University in New York City, where he created its popular course on positive psychology. A senior editor of the Journal of Humanistic Psychology, Dr. Hoffman received his degrees from Cornell University and the University of Michigan-Ann Arbor.

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