



## Procedures in Cosmetic Dermatology Series: Soft Tissue Augmentation with DVD, 2e

By Jean Carruthers MD FRCS(C), Alastair Carruthers MA BM BCh  
FRCP(LON) FRCPC

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This title in the PROCEDURES IN COSMETIC DERMATOLOGY SERIES presents up-to-the-minute, practical guidance on soft tissue augmentation techniques shaping today's practice. Succinctly written and lavishly illustrated, it focuses on procedural how-to's and offer step-by-step advice on proper techniques, pitfalls, and tricks of the trade?so you can refine and hone your skills...and expand your surgical repertoire. You'll find current, to-the-point guidance on the cosmetic use of traditional and new fillers?edited by pioneers in the field, Drs. Alastair and Jean Carruthers. Implement the newest procedures into your practice immediately and confidently?with the outstanding guidance you'll find in this volume of the PROCEDURES IN COSMETIC DERMATOLOGY SERIES.

- Get the best results from permanent fillers that stimulate the body's own collagen, new hypoallergenic fillers, injectable Zyderm and Zyplast collagen, and Gore-Tex chin, lip and cheek implants ?all with one concise, accessible volume.
- Visualize techniques clearly with a wealth of color illustrations and photographs that depict cases as they appear in practice.
- See how to proceed with a comprehensive instructional DVD containing video clips of techniques and procedures as well as the experts' hints and tips.
- Updated throughout with new chapters on fibroplasia \* synthetic fillers \* fillers for skin of color \* and how to avoid and handle complications
- New and improved DVD material demonstrates techniques in practice
- Covers both temporary and permanent augmentations

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## **Editorial Review**

### About the Author

Dr. Jean Carruthers, MD, FRCS (UK), FRCS (C), Diplomate of the American Board in Cosmetic Surgery, Fellow of the American Society of Ophthalmic Plastic and Reconstructive Surgery.

Dr. Jean Carruthers is a Cosmetic Surgeon and a Clinical Professor of Ophthalmology with the Faculty of Medicine at the University of British Columbia (UBC).

Dr. Carruthers has lectured worldwide on a variety of subjects pertaining to cosmetic ophthalmology, including the cosmetic use of the BOTOX® procedure, which she co-founded with her husband, Dr. Alastair Carruthers, in 1987. Since this time, they have remained at the forefront of BOTOX® research, development and education, publishing numerous articles using their data. BOTOX® inhibits nerve impulses in muscles that cause everything from frown lines and wrinkles to sweating. Today, BOTOX® is the most commonly performed cosmetic procedure in North America. They are now also researching the cosmetic use of the newest therapeutic neurotoxin, Botulinum type B, commercially produced as MyoBloc.

Dr. Carruthers has published more than eighty peer reviewed scientific articles and twenty-eight scientific book chapters on a variety of topics, including the use of botulinum toxin and soft tissue augmenting agents, aesthetic lasers and cosmetic laser blepharoplasty. She is an International Editor for such publications as Dermatologic Surgery, the Journal of Cosmetic Laser Surgery and the American Journal of Cosmetic Surgery.

Dr. Alastair Carruthers, M.A., B.M.,B.Ch, FRCP(LON), FRCPC

Dr. Alastair Carruthers is a Cosmetic Dermasurgeon who operates his own clinical practice (Carruthers Dermatology Centre Inc.) in Vancouver, BC. He is also a Clinical Professor of Dermatology with the Faculty of Medicine at the University of British Columbia (UBC).

During his 20 years of practice, Dr. Carruthers has made several major contributions to the field of dermatology. Foremost among these was the use of the BOTOX® procedure in cosmetic applications, a discovery he made with his wife, Dr. Jean Carruthers, in 1987. Since this time, they have been at the forefront of BOTOX® research, development and education, publishing numerous articles using their data. Today, BOTOX®, which inhibits nerve impulses in muscles that cause everything from frown lines and wrinkles to sweating, is the most commonly performed cosmetic procedure in the world.

Dr. Carruthers has also made significant advances in the area of Tissue Augmentation. These materials, both temporary and permanent, are used to lift and support the structures beneath the skin. In 1998 Dr. Carruthers was the first dermatologist in North America to begin injecting Artecoll. Through the extensive research performed in their Vancouver based facility, Drs. Carruthers continue to have articles published and lecture extensively on these subjects.

With over 100 published articles to his credit, Dr. Carruthers is a member of the Editorial Board of "Dermatologic Surgery". He is also a member of several national and international associations, including the American Dermatology Association and the Canadian Dermatology Association, where he served as President from 1998 to 1999. In addition, he has been elected Vice President of the American Society for Dermatologic Surgery.

Dr. Carruthers has also contributed extensively to studies about the relationship between skin cancer and sun exposure.

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## **Users Review**

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