



I Only Roast the Ones I Love: Busting Balls Without Burning Bridges

By Jeffrey Ross

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I Only Roast the Ones I Love: Busting Balls Without Burning Bridges By Jeffrey Ross

Jeffrey Ross is one of the world's most foremost practitioners of insult comedy. Having escaped from his family's kosher catering business, he spent years in the comedy circuit and mastered his craft of delivering hilarious and often offensive insults. Mixing silliness and sincerity, Ross explains the overall history of the roast and explains the art of delivering a stream of "festive abuse" while eliciting laughs. Taking readers on an entertaining journey through his own career, he shares roasts straight from the Friar's Club and the ever popular Comedy Central television events and provides a narrative of his favorite roasts of friends and family, including:

Flava Flav: "You really are the ugliest man in America. I mean, how do you roast charcoal?" William Shatner: "Man, you have really let yourself boldly go. If Scotty tried to beam you up now you'd break the f*n' transporter." Courtney Love: "Courtney Love, you're like the girl next door...if you happen to live next to a Methadone clinic."

Featuring tips on timing, what's going too far, and dealing with hecklers, Ross shows readers how to channel their inner roastmaster—and emphasizes the all-important Friars' Club motto: We only roast the ones we love.

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Editorial Review

Review

"If insulting somebody is an art form, then Jeffrey Ross is Pablo Picasso!" -- *Chicago Tribune*

"*I Only Roast the Ones I Love* is one of the funniest, most compelling, touching, and controversial books I've ever read. If you love the art of people onstage saying funny insults that make your whole life's work seem like a bunch of crap, then this is the book for you." -- Chris Rock

"Jeffrey Ross has a face for books, and I'm glad he's finally come to terms with that." -- Chelsea Handler

"*I Only Roast the Ones I Love* is Jeff Ross's most insulting work yet. An indispensable guide to making certain everyone you know hates you. Very, very funny. Jeff's writing is the reason I learned to read." -- Jimmy Kimmel

"Do yourself a favor...get Jeff's book, curl up next to the fireplace...and throw it in." -- Bob Saget

"When Jeff asked me to give a quote for his book, my first thought was to get Jeff Ross to write it. He's incredibly funny and I'm incredibly busy." -- John Mayer

"I've cooked a few meals in my day, but trust me, nobody knows how to cook someone's goose like Jeffrey Ross. He will teach you how to baste and bake all of your family and friends until every relationship is burnt beyond recognition. Ross is a flame-thrower at both ends." -- Rachael Ray

"Don't judge this book by its cover just because Jeff's face is on it." -- Sarah Silverman

About the Author

Jeffrey Ross is the current New York Friars' Club Roastmaster General and was a roaster for Comedy Central's Roast of Pamela Anderson in 2005. Ross has appeared on television shows, such as *The Late Show* with David Letterman, *The Tonight Show* with Jay Leno, *Late Night* with Conan O'Brien, and many others. He's also a regular on *The Opie and Anthony Show* and has also appeared on HBO's *Six Feet Under* and Showtime's *Weeds*. In film, he has appeared in *Stuck on You* and *The Aristocrats*. His first hour-long Comedy Central special *No Offense: Life from New Jersey* aired August 2008. Jeffrey Ross, the meanest man in comedy and "one man verbal assault unit" (MTV), offers anecdotes and deconstructs the makings of a great roast—based on his own career as the Friars' Club Roastmaster General. 21

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We All Have an Inner Roastmaster

Our world is full of Roastmasters. Some of them are well known. But most of them are completely unknown. They live amongst us. They live inside of us. They are the part of us that occasionally says out loud what most people only dare think to themselves. The part of us that isn't afraid of severe consequences. The part of us that isn't afraid to die for a laugh. The part of us willing to take a punch from Courtney Love, if necessary.

It is the Roastmaster's belief that gracing someone you admire with unfiltered honesty is the highest form of

respect you can pay them -- especially when it's delivered in the form of a well-crafted joke.

Of course, not everyone has the guts to channel their inner Roastmaster. In fact, most people have the good sense NOT to insult people to their faces. Instead, they talk behind people's backs after they leave. They gossip. They whisper. They say mean things. They laugh at the weaknesses of others. This is just human nature. But a Roastmaster defies human nature. A Roastmaster goes for it. A Roastmaster tells it like it is. A Roastmaster says, "Fuck 'em if they can't take a joke." A Roastmaster kills. Copyright © 2009 by Jeffrey Ross

Users Review

From reader reviews:

Bobbie Flores:

Have you spare time for a day? What do you do when you have more or little spare time? Yeah, you can choose the suitable activity to get spend your time. Any person spent their particular spare time to take a stroll, shopping, or went to the actual Mall. How about open or read a book allowed I Only Roast the Ones I Love: Busting Balls Without Burning Bridges? Maybe it is for being best activity for you. You recognize beside you can spend your time together with your favorite's book, you can cleverer than before. Do you agree with its opinion or you have other opinion?

David Tillery:

Exactly why? Because this I Only Roast the Ones I Love: Busting Balls Without Burning Bridges is an unordinary book that the inside of the book waiting for you to snap this but latter it will surprise you with the secret this inside. Reading this book adjacent to it was fantastic author who write the book in such incredible way makes the content inside of easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you because of not hesitating having this anymore or you going to regret it. This book will give you a lot of advantages than the other book possess such as help improving your talent and your critical thinking way. So , still want to delay having that book? If I were being you I will go to the reserve store hurriedly.

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