



Rid of My Disgrace: Hope and Healing for Victims of Sexual Assault

By Justin S. Holcomb, Lindsey A. Holcomb

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The statistics are jarring. One in four women and one in six men are or will be victims of sexual assault in their lifetime. But as sobering as the statistics are, they don't begin to speak to the darkness and grief experienced by these victims. Because sexual assault causes physical, psychological, emotional, and spiritual pain, victims need clear help, hope, and healing. In *Rid of My Disgrace*, a couple experienced in counseling victims of sexual assault explains how the grace of God can heal the broken and restore the disgraced.

Justin and Lindsey Holcomb outline an approach for moving from destruction to redemption. While avoiding platitudes and shallow theology, *Rid of My Disgrace* combines biblical and theological depth with up-to-date research. This book is primarily written for those who have been assaulted (either as children or adults) but also equips family, friends, pastors, and others to care for victims in ways that are compassionate, practical, and informed. Part of the Re:Lit series.

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