



Health Psychology: Undergraduate Revision Guide (Psychology Express)

By Angel Chater, Erica Cook

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Editorial Review

About the Author

Dr Angel Chater is a registered Health Psychologist with the Health and Care Professions Council (HCPC) and a Chartered Psychologist with the British Psychological Society (BPS), in post as a Lecturer in Behavioural Medicine at UCL School of Pharmacy. She was the previous Programme Manager for the BSc in Health Psychology and the Course Director of the MSc in Health Psychology at the University of Bedfordshire (UoB) and has a number of years experience serving on the BPS Division of Health Psychology committee, most recently as the Chair of the Publicity and Liaison Sub-Committee and a member of the Research Sub-Committee. She is also the UK National Delegate for the European Health Psychology Society (EHPS) and has been involved in the development of the Health Psychology in Public Health (East of England) Network. Dr Erica Cook is a Chartered Psychologist with the British Psychological Society (BPS) and Health Psychologist (in Training) in post as a Senior Lecturer in Health Psychology at the University of Bedfordshire (UoB). She is the current programme director for the BSc in Health Psychology and is extensively involved in the teaching on both the MSc Health Psychology and the MSc Physical Activity, Nutrition and Health Promotion programmes. Series Editor, Professor Dominic Upton is Head of Psychological Sciences at the University of Worcester. In 2007 he was awarded a National Teaching Fellowship, for his role in exploring and developing the teaching of psychology. He is previous Chair of the Division of Teachers and Researchers in Psychology.

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