



Help! My Baby Came Without Instructions: How to Survive (and Enjoy) Your Baby's First Year

By Blythe Lipman

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Bringing home baby can be one of the scariest days in a new parent's life. A truly helpful how-to, Blythe Lipman's guide to caring for babies is the perfect resource for first-time parents who wish their new baby came with an instruction manual. Lipman has devoted her life to the gentle art of infant care and offers wise and witty practical advice in this parent-tested, expert-approved book. Filled with invaluable information new parents really need, Lipman includes plenty of true-life stories and guidance to help them through those first nerve-racking months. Help! My Baby Came Without Instructions will have nervous new moms and sleep-deprived dads feeling confident about their parenting skills. Hints on daily routines, sleep patterns, crying, the art and science of diapering, and traveling with a newborn are also provided.

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Editorial Review

Review

"This little book is a sweet blend of common sense tips and heartfelt perspective to comfort new moms and new babies alike." Ame Mahler Beanland and Emily Miles Terry authors of the New York Times Bestseller Nesting: It's a Chick Thing®, It's a Chick Thing® and the Amazon.com Bestseller Postcards from the Bump: A Chick's Guide to Getting to Know the Baby in Your Belly

"Help! My Baby Came Without Instructions is a must read for all new parents! The fast and easy "at-a-glance" tips are heaven sent for exhausted new moms with cranky, screaming, teething babies! Where was this book when I was drop-dead tired walking the floors with both of our colicky babies? I could have so used the never-ending list of things you can do right now to get your baby to stop crying!" --Stacey Kannenberg, Get Ready To Learn Mom" Author, Publisher, National Radio Host & Parenting Expert

About the Author

An Infant Care Specialist, Blythe Lipman has worked with babies for over twenty years. She baby-sat at the young age of eleven and continued with her love for babies while she was in college. Blythe volunteered in the Neo-natal Intensive Care Unit in Boston's Lying-In Hospital while attending Boston University.

She continued doing child care for the next twenty years, working as the "CEO" (Lead Teacher) of many infant rooms in preschools through-out the country, setting them up and caring for the babies and their needs, ages three weeks to 12 months.

She has worked extensively with new parents on an individual basis, as well as providing workshops and seminars through local organizations. She currently works with preschools to design and create innovative infant rooms that give babies the best experience, and trains infant room teachers to provide the best care for babies.

Blythe lives in Scottsdale, Arizona and has two grown children.

Users Review

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James Snyder:

Often the book Help! My Baby Came Without Instructions: How to Survive (and Enjoy) Your Baby's First Year has a lot details on it. So when you read this book you can get a lot of benefit. The book was authored by the very famous author. The author makes some research previous to write this book. This kind of book very easy to read you can find the point easily after reading this book.

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