



# How to be Assertive In Any Situation

By Sue Hadfield, Gill Hasson

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**Do you say yes when you mean no?**

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**Do you struggle to make decisions?**

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## **How to be Assertive In Any Situation By Sue Hadfield, Gill Hasson Bibliography**

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Review

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From the Back Cover

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#### About the Author

Sue Hadfield taught English in comprehensive schools for twenty years and has spent the last ten years teaching adults assertiveness, career and personal development skills at the University of Sussex and for community groups.

Gill Hasson works with people from diverse backgrounds and situations teaching community development, career and personal development, critical thinking and academic skills. She has written for *Psychologies* magazine and for the Open University.

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