



The Yoga Sutras of Patanjali

By Charles Johnston

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The Yoga Sutras of Patanjali, a foundational Yoga text, forms part of the corpus of Sutra literature dating back to India's Mauryan period. The purpose of this text is to reveal the practical means for the birth of the spiritual being from the psychical body and to indicate the glory and power of this rebirth. In this text, writer, journalist and theosophist, Charles Johnston sets forth Patanjali's instructions in an understandable manner, so as to make his learnings accessible to all.

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The Yoga Sutras of Patanjali By Charles Johnston Bibliography

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Editorial Review

About the Author

Charles Johnston (1867–1931) was born in Northern Ireland. He entered India in 1888 as a Civil Servant and even served in the British Bengal Service. A well-known Sanskrit scholar, his works include Kela Bai: An Anglo-Indian Idyll, The Bhagavad Gita: The Songs of the Master and Karma: Works and Wisdom.

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