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By Vaidya Atreya Smith

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*By Vaidya Atreya Smith*

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### **Editorial Review**

#### About the Author

Vaidya Atreya Smith est ne en Californie en 1956. Depuis 1987, il pratique les medecines alternatives dont l'Ayurveda, continue d'etudier, enseigne et forme des praticiens en Europe. Il a travaille avec des milliers de patients a travers le monde. En 2005, ses professeurs de Vanarasi (Inde) lui ont decerne le titre de Vaidya ou docteur, etymologiquement : « qui connait l'ayurveda ». Diplome en Ayurveda aux Etats-Unis et en Inde, Atreya enseigne les cours a l'European Institute of Vedic Studies qu'il a fonde en 1998 en Suisse. Il est licencié en Biologie depuis 2003. Il est herboriste professionnel et membre de plusieurs organisations. Il est l'auteur de six livres sur l'Ayurveda publies a travers le monde. Il a aussi ecrit trois manuels de cours pour les ecoles d'Ayurveda qui sont publies en quatre langues.

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