



Milk and Honey

By *Rupi Kaur*

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#1 *New York Times* bestseller *Milk and Honey* is a collection of poetry and prose about survival. About the experience of violence, abuse, love, loss, and femininity.

The book is divided into four chapters, and each chapter serves a different purpose. Deals with a different pain. Heals a different heartache. *Milk and Honey* takes readers through a journey of the most bitter moments in life and finds sweetness in them because there is sweetness everywhere if you are just willing to look.

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Milk and Honey By Rupi Kaur Bibliography

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Editorial Review

Review

Rupri Kaur's first book, *Milk and Honey* is the poetry collection every woman needs on her nightstand or coffee table. Accompanied by her own sketches, the beautifully honest poems read like the everyday, collective experiences of today's modern woman. (Erin Spencer, Huffington Post)

Rupri Kaur's writing echoes of artistry and wisdom which is seen in the work of those that have been writing for years. (Samira Sawlani, Media Diversified)

Rupri's poetry is simple, relatable, gorgeous, and grounded in the everyday experiences of young women. (Rachel Grate, Hello Giggles)

The honest words of Rupri Kaur leave you continuously wanting more as she writes with eloquence and poise. Her work will send you to past thoughts and realities you might not have known you had. (Sienna Brown, WildSpice Magazine)

"A must-have poetry collection about healing and hope." (Bustle)

About the Author

When she was five, her mother handed her a paintbrush and said, "draw your heart out." Rupri Kaur views her life as an exploration of that artistic journey. Through her poetry and illustrations, she engages with love, loss, trauma, healing, and femininity. For Rupri, writing has always been a collective experience. At the age of seventeen she began sharing her work. The stage was her first love and spoken word is where she found her voice. Rupri pursued her love for language by studying rhetoric at the University of Waterloo. She began working on her first collection *milk and honey*, which eventually became a *New York Times* bestseller. Rupri's passion is expression. For her that expression takes many forms. Her photography and art direction are brought to various spaces around the world and her poetry and prose are breaking international boundaries.

Users Review

From reader reviews:

Nathaniel Gonzalez:

This Milk and Honey book is not really ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book is usually information inside this e-book incredible fresh, you will get facts which is getting deeper you actually read a lot of information you will get. This kind of Milk and Honey without we comprehend teach the one who reading it become critical in imagining and analyzing. Don't be worry Milk and Honey can bring whenever you are and not make your case space or bookshelves' grow to be full because you can have it with your lovely laptop even cell phone. This Milk and Honey having very good arrangement in word as well as layout, so you will not sense uninterested in reading.

Dennis Ross:

This book untitled Milk and Honey to be one of several books that will best seller in this year, honestly, that is because when you read this publication you can get a lot of benefit onto it. You will easily to buy this kind of book in the book retailer or you can order it by means of online. The publisher in this book sells the e-book too. It makes you quickly to read this book, as you can read this book in your Smart phone. So there is no reason to you to past this reserve from your list.

Jeffrey Bumgardner:

Reading a e-book can be one of a lot of task that everyone in the world enjoys. Do you like reading book thus. There are a lot of reasons why people fantastic. First reading a guide will give you a lot of new info. When you read a e-book you will get new information since book is one of numerous ways to share the information or even their idea. Second, looking at a book will make a person more imaginative. When you studying a book especially fictional works book the author will bring one to imagine the story how the people do it anything. Third, you may share your knowledge to other folks. When you read this Milk and Honey, you can tells your family, friends along with soon about yours e-book. Your knowledge can inspire others, make them reading a book.

Doris Garcia:

A lot of people always spent all their free time to vacation as well as go to the outside with them friends and family or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or playing video games all day long. In order to try to find a new activity honestly, that is look different you can read a book. It is really fun in your case. If you enjoy the book that you read you can spent 24 hours a day to reading a guide. The book Milk and Honey it is extremely good to read. There are a lot of people that recommended this book. They were enjoying reading this book. In case you did not have enough space bringing this book you can buy the actual e-book. You can m0ore very easily to read this book from your smart phone. The price is not too costly but this book has high quality.

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